



Protocol for Colds, Flus And C0V1D Variants

Colloidal Silver – one small size mouthful (10-15 ml), swish it slowly around in the mouth for 10-15 seconds and then swallow it. This can be done every half hour, there's no downside to doing it more often.

Sambucol – 1 tablet under the tongue every 30 minutes or after you've done the colloidal silver rinse.

Vitamin C – ¼ teaspoon 3 times a day 4-6 hours apart in juice, try to increase to 8,000mg per day in divided doses. ½ teaspoon = 2,000mg vitamin c

Vitamin D3/K2 – 1 10,000 IU tablets 3 times a day, 1 morning, 1 @ lunch, 1 evening for 3 days; 2 capsules/day next 3 days; 1 capsule/day next 10 days.

Hydroxychloroquine 200 – If it's hit pretty hard, 1 tablet, **twice** a day for 3 days, then 1 tablet per day for 4 days unless not doing better, otherwise 1 per day.

Other suggestions: Chicken soup, drink plenty of water, get as much rest and sleep as you can to give the body a chance to recover.

DO NOT use pain relievers to break a fever. The fever is God's mechanism to fight viral infections as they have a narrow window of temperature they thrive in.

If the fever gets above 103 F, you have some complications and more than just a viral infection is at play. You may need to consider seeing a doctor to help identify what's really going on beyond just a viral infection.

This protocol has proven to be very effective, most are cleared of a cold, flu or covid in 48-72 hours.